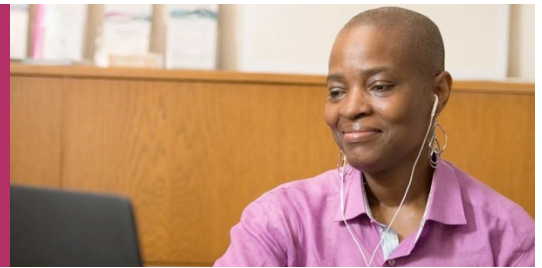


July-August 2021


Breast Cancer Online Educational Programs

Programs	Date	Time	Format
Dance Exercise for Breast Recovery	Mondays July 5, 12, 19, 26 August 2, 9, 16, 23, 30 September 6, 13, 20, 27	12-1pm ET	Zoom
	Thursdays July 1, 8, 15, 22, 29 August 5, 12, 19, 26 September 2, 9, 16, 23, 30		
Intermittent Fasting: How it Can Reduce the Risk of Breast Cancer Recurrence	Wednesday July 7	3-4pm ET	Webinar
COVID-19 Updates for Cancer Patients	Tuesday July 13	12-1pm ET	Webinar
Let's Talk About It: Triple Negative Breast Cancer	Tuesdays July 20 August 17 September 21	6-7pm ET	Zoom
Breast Cancer and Sexuality – Challenges and Interventions	Thursday August 12	7-8:30pm ET	Zoom

Breast Cancer Support Groups

Programs	Date	Time	Locations
DCIS Support Group	Mondays July 12 August 2 September 13 October 4 November 1 December 6	6-7:30pm ET	Zoom
	Breast Cancer Support Group		

Programs	Date	Time	Locations
Breast and Ovarian Cancer Support for Women of African Descent	Tuesdays July 6 August 17 September 7 October 5, 19 November 16 December 7, 21	1st Tuesday: 6-7:30pm ET 3rd Tuesday: 4-5:30pm ET	Zoom
Brooklyn Breast Cancer Support Group	Tuesdays July 13, 27 August 10, 24 September 14, 28 October 12, 26 November 9, 23 December 14	3:30-5pm ET	Telephone
Breast Cancer Support Group	Tuesdays July 13, 27 August 10, 24 September 14, 28 October 12, 26 November 9, 23 December 14	6-7:30pm ET	Zoom
Bronx Breast Cancer Support Group	Wednesdays July 28 August 25 September 22 October 27 November 17 December 22	9:30-11am ET	Zoom
Queens Breast Cancer Support Group	Thursdays July 8 August 12 September 9 October 14 November 11 December 9	7-8:30pm ET	Zoom

Programs	Date	Time	Locations
Aromatase Inhibitors and Tamoxifen Support Group	Thursdays July 15 August 19 September 23 October 21 November 18 December 16	6-7:30pm ET	Zoom
Breast Cancer Support Group	Sundays July 18 August 8 September 12 October 17 November 14 December 12	5-6:30pm ET	Zoom