

## January - March 2024

## **UTERINE CANCER ONLINE EDUCATIONAL PROGRAMS**

Program	Date	Time	Format
Yoga and Meditation for All Women with Three and Half Acres	Thursdays Jan 4, 18 Feb 1, 15 Mar 7, 21	6-7pm ET	Zoom
Let's Talk About It: Uterine Cancer (Strategies for Coping with Brain Fog)	<b>Thursday</b> Jan 18	12-1:30pm ET	Zoom
Understanding and Managing Chemo-Induced Peripheral Neuropathy (CIPN)	<b>Thursday</b> Mar 7	3-4pm ET	Webinar
Moving Forward After Uterine Cancer Treatment: Surveillance Strategies, Testing, and Watching for Recurrence	<b>Wednesday</b> Mar 13	3-4pm ET	Webinar
Tips for Managing Chemobrain	<b>Wednesday</b> Mar 27	12-12:30pm ET	Webinar
Let's Talk About It: Uterine Cancer (Advance Care Planning)	<b>Thursday</b> Mar 28	12-1:30pm ET	Zoom





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## **UTERINE CANCER SUPPORT GROUPS**

Group Name	Date	Time	Location
Uterine Cancer Support Group	Mondays Jan 15 Feb 5 Mar 4, 18	6-8pm ET	Zoom
Newly Diagnosed and In Treatment Uterine Cancer Support Group	Tuesdays Jan 23 Feb 27 Mar 26 Thursdays Jan 11 Feb 8 Mar 14	Tuesdays 7-8:30pm ET Thursdays 7-8:30pm ET	Zoom
Uterine Cancer Support Group for Women of African Descent	<b>Wednesdays</b> Jan 10 Feb 14 Mar 13	6-7:30pm ET	Zoom
Young Women's GYN Cancer Support Group	<b>Wednesdays</b> Jan 17 Feb 21 Mar 20	7-8:30pm ET	Zoom

