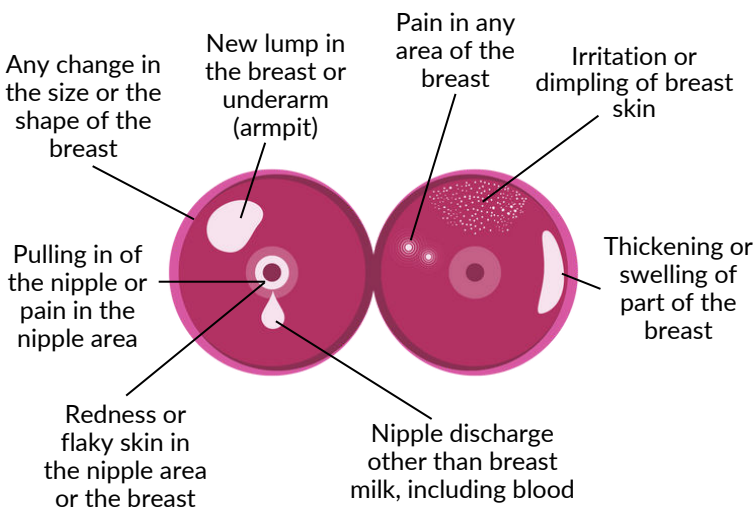




SHARE
CANCER SUPPORT

BREAST CANCER

Signs & Symptoms



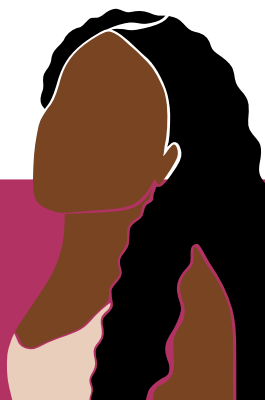
1 in 8 Black Women



will get Breast Cancer in their lifetime

Breast Cancer is the leading cause of cancer death for Black women.

Among women younger than 45, breast cancer incidence is higher among African American women than White women.





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How To Be Your Own Best Advocate



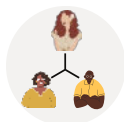
Visit a doctor regularly
and get screened.

Maintain a healthy weight
and exercise regularly.



Eat more vegetables, grains, and
fish and limit processed foods.

Know your family history of cancer.



Know your breasts and talk to a doctor
about any changes you see or feel.

Call SHARE to speak with someone
who can provide information,
guidance, and support.



Younger women in general, and younger African American women in particular, are more likely to present with the triple negative subtype of the disease, a subtype that is both more aggressive and associated with a higher mortality.

African American women have a

31%

breast cancer mortality rate –
the highest of any U.S. racial or
ethnic group

If you have questions or need help,
call **844.275.7427**

We are here to help you!

@SHARECancerSupport

