

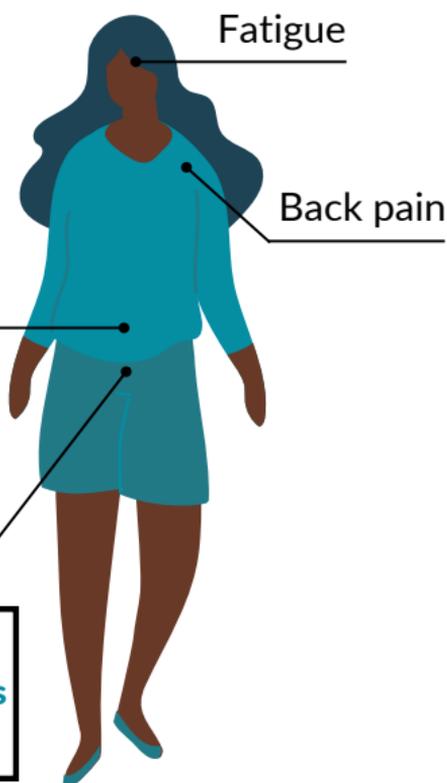


# OVARIAN CANCER

## Signs & Symptoms

- Abdominal bloating
- Pelvic or abdominal pain
- Difficulty eating or feeling full quickly
- Indigestion
- Constipation

- Urinary symptoms, such as urgency or frequency
- Pain with intercourse
- Menstrual irregularities



KEY
Most common symptoms
Additional symptoms

If you experience one or more of these symptoms almost daily for two weeks or more and the symptoms are new and not normal for you, see your gynecologist.

**1 in 108 Black women will get ovarian cancer in their lifetime**

**The Pap smear is not a screen for ovarian cancer. The Pap smear is an effective screen only for cervical cancer.**



**SHARE**  
CANCER SUPPORT

## How To Be Your Own Best Advocate



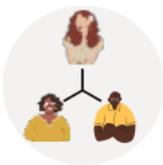
Listen to your body and pay attention if something doesn't feel right.

Knowledge is power! Know the symptoms of ovarian cancer.



If changes in your body occur that are not normal to you, or if symptoms persist almost daily for two or more weeks, contact your gynecologist.

Learn about your family's health history and communicate that information to your doctor. Consider genetic counseling or testing.



Call SHARE to speak with someone who can provide information, guidance, and support.



*Black women have lower ovarian cancer survival rates than White women.*

*Black women are more likely to be diagnosed with advanced disease.*

If you have questions or need help,  
call **866.537.4273**

We are here to help you!

**@SHARECancerSupport**

